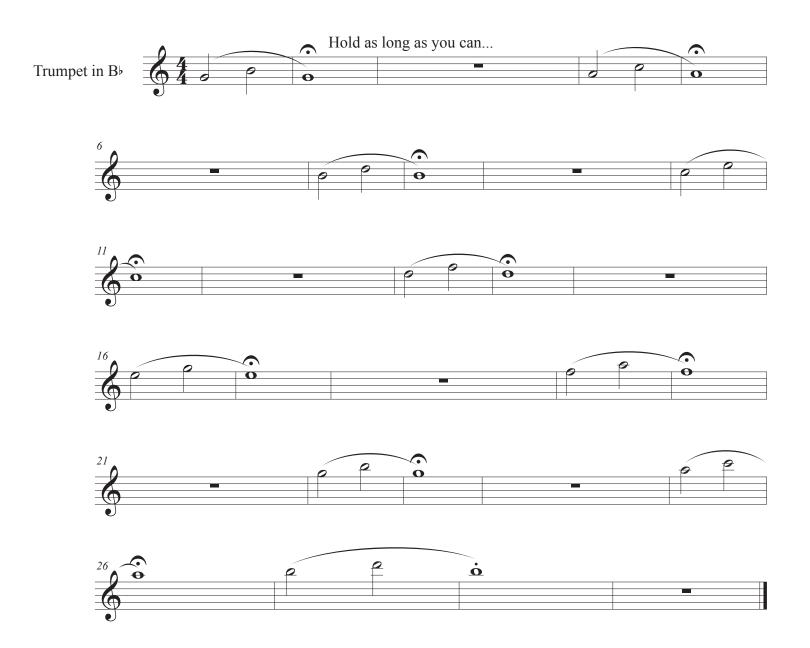
Caruso Thirds



Take a deep long breath before you begin playing. The tempo should be slow. Make sure you slur each group. During the measure rest you will keep the mouthpiece to your face and you will take in another deep breath before playing the next group. For each whole note you are going to hold the note as long as you can until you run out of air. Again, keep the mouthpiece up to your face during the rests. Go as high as you can but once you crack a note....stop. You will try it again the next time you do the exercises. Do these exercises every day. If you are up to it, do them twice a day. These are good exercises to do for warmups.